

MSAD #54 Curriculum

Content Area: Physical Education

Grade: 7-8

Unit: Gaming

MLR Content Standard:

- G. Movement/Motor Skills and Knowledge: Students demonstrate the fundamental and specialized movement skills and apply principles of movement for improved performance.
- I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

- G1 Stability and Force
- I1 Cooperative Skills
- I2 Responsible Behavior
- I3 Safety Rules and Rules of Play

Performance	MSAD #54	Instructional Resources/
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Descriptor(s)	Objectives	Activities/Assessments
<p>Students:</p> <p>G1 Students change their motion and the motion of objects by applying the principles of stability and force during skill practice.</p> <p>a. Demonstrate the principle of opposition. b. Demonstrate how the point of contact changes the path of an object.</p> <p>I1 Students demonstrate cooperative and inclusive skills while participating in physical activities.</p> <p>b. Respond appropriately to peer pressure. c. Manage conflict. d. Engage peers respectfully in activities.</p> <p>I2 Students demonstrate responsible personal behaviors while participating in physical activities.</p> <p>I3 Students describe game/physical activity rules and safety rules and their purposes.</p> <p>a. Explain the purposes for modifying playing rules in specified situations.</p>	<p>Students will:</p> <p>Demonstrate an understanding of skills and rules needed to play the game through participation.</p> <p>Demonstrate sportsmanship and work collaboratively with peers.</p> <p>Explain safety precautions and why they are necessary in each activity.</p>	<p>Activities will include:</p> <p>Dance Dance Revolution Nintendo Wii Physical Activity Games Air Hockey Foosball Ping Pong Hacky Sack Etc.</p> <p>Assessment: Informal</p> <p>Instructional Resources:</p> <p>Zakrajsek, D.B., PhD. Carnes L.A. Med & Pettigrew Jr. F., PhD. (2003) Quality Lesson Plans for Secondary Physical Education. Champaign, IL: Human Kinetics.</p> <p>Landy, J.M. & Landy, M.J. (1993) Ready-to-Use P.E. Activities for Grades 7-9. New York: Parker Publishing Company</p> <p>Lumsden, K. (2001) P.E. Games & Activities Kit for Grades 6-12. New Jersey; Parker Publishing Company.</p> <p>Online Resources</p>